Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
7.59am	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning	Good morning
8.00am	Play it at breakfast with Bobby	Play it at breakfast with Bobby	Play it at breakfast with Bobby	Play it at breakfast with Bobby	Play it at breakfast with Bobby	Play it at breakfast with Bobby	Play it at breakfast with Bobby
9.00am	No 6 Cough Mixture Show	No 6 Cough Mixture Show	No 6 Cough Mixture Show	No 6 Cough Mixture Show	No 6 Cough Mixture Show	No 6 Cough Mixture Show	No 6 Cough Mixture Show
10.00am	The Big Red Time Machine	The Big Red Time Machine	The Big Red Time Machine	The Big Red Time Machine	The Big Red Time Machine	The Last Spin (Live) Interactive	The Big Red Time Machine
11.00am	Steve's Country Road	Dave's Country Mile	Rob's Way Down Country	Sounds Country Showcase	Dave's Country Mile	Steve's Country Road	Rob's Way Down Country
12.00pm	Papa D's Retro Juke Box	Magpie Folk Emporium	Papa D's Retro Juke Box	The last spin (Replay)	Papa D's Retro Juke Box	The Seventies sound Show	Papa D's Retro Juke Box
International Feature	World music Showcase	World music Showcase	World music Showcase	World music Showcase	World music Showcase	World music Showcase	World music Showcase
2.00pm	Umm Leila's Shades of Soul	Just you and Umm Leila's selection	Umm Leila's Shades of Soul	Umm Leila's Shades of Soul	Umm Leila's Shades of Soul	Umm Leila's Selection (Replay)	Umm Leila's Shades of Soul
3.00pm	The Sunshine Groove (Reggae)	Relax, Just the Songbirds	The Sunshine Groove (Reggae)	The Sunshine Groove (Reggae)	The 3 O'clock Album Mix	The Sunshine Groove (Reggae)	The Sunshine Groove (Reggae)
4.00pm	Blues Rock with a sharp edge	Mop Tops & The King	The last spin (Replay)	The Seventies Show (Replay)	Folk Emporium (Replay)	Blues Rock with a sharp edge	Let's do it again (New, every Month)
5.00pm	World music Showcase	World music Showcase	World music Showcase	Blues at 5 with Alan Hare	World music Showcase	World music Showcase	Blues at 5 with Alan Hare
6.00pm	Rock and Roll with Susanne	Rock and Roll with Susanne	Rock and Roll with Susanne	Rock and Roll with Susanne	Rock and Roll with Susanne	Rock and Roll with Susanne	Rock and Roll with Susanne
7.00pm	Steve's Northern Soul Recall	Steve's Northern Soul Recall	Steve's Northern Soul Recall (Live)	Steve's Northern Soul Recall	Steve's Northern Soul Recall	Steve's Northern Soul Recall	Steve's Northern Soul Recall
8.00pm	Just for Two – Just music	3 O'clock Album Mix (Replay)	Just for Two – Just music	Sounds Country (Replay)	Just for Two – Just music	Mop Tops & The King Replay	Just for Two – Just music
9.00pm	Retro Discotheque (Archive)	Retro Discotheque (Archive)	Retro Discotheque (Archive)	Retro Discotheque (Archive)	Retro Discotheque (Live)	Retro Discotheque (Archive)	Retro Discotheque (Replay)
Taking us to the Midnight hour	Jazz in the Night The best in contemporary jazz	Jazz in the Night The best in contemporary jazz	Jazz in the Night The best in contemporary jazz	Jazz in the Night The best in contemporary jazz	Jazz in the Night The best in contemporary jazz	Jazz in the Night The best in contemporary jazz	Jazz in the Night The best in contemporary jazz
Midnight - two hours of soul	Midnight Soul for Lovers	Midnight Soul for Lovers	Midnight Soul for Lovers	Midnight Soul for Lovers	Midnight Soul for Lovers	Midnight Soul for Lovers	Midnight Soul for Lovers
2.00am-through to 7.59am	Relax in The Rainbow Room	Relax in The Rainbow Room	Relax in The Rainbow Room	Relax in The Rainbow Room	Relax in The Rainbow Room	Relax in The Rainbow Room	Relax in The Rainbow Room